

Protective Styling Checklist

Guide for Fine Natural Hair

Types of Styles

Create styles that don't require intensive manipulation. Braids and twists should be done in a medium to large size. No smalls or minis.

1. Loose two strand twists
2. Rope twists (a.k.a Senegalese twists)
3. Box braids
4. Flat Twists
5. Milkmaid Braids
6. Buns
7. French Rolls



Accessories

8. Goody Ouchless Bobby Pins
9. Goody Comfort Flex Barrettes
10. Banana Clips
11. Seamless Elastic Bands
12. Goody Spin Pins
13. Headbands



Duration

Keep your protective styles in for no longer than 1-2 weeks. Long term protective styles are not recommended for fine because fine hair is more prone to tangling.

Are you ready to finally take your fine hair to the next level of awesome? [click here](#).